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“Class giving instructions for Children & Youth” on 08th December, 2011 at WTT Retreat Centre, Vizag.

- Master K. Parvathi Kumar

(Master initially speaks about a movie “Rock star” – a recently released Hindi movie)

If one has to become a great musician, a great painter, a great writer or a great poet, something has to happen in his life to break his heart. That zeal is born out great difficulty faced by him in life. If everything in life runs smoothly, one becomes dormant or lazy. If we observe carefully, we find that it is out of utter difficulties the soul quality raises, otherwise it does not. That aspect of laziness is shown very well in the initial part of the movie. He (the hero) has everything in life and everything goes smoothly. He wants to become a musician. There has to be some shock in life for transformation. For all great people, it happened so. From that shock, man, if he rises, then he is a different man.

One who loses his father at a young age is called “Son of a Widow”. In Spiritualism, God is like a father to every being. As we do not know well about God, spiritually speaking every man is a “Son of a Widow” until he finds the father in him. Everyone has his own nature with him which is the mother. Our nature, if it's troubling us, it means the mother is troubling us. We are unable to find the very basis of our existence. We have lost our father. It is told so in masonry. Every man enters masonry as the “Widow's son”. Then when he becomes a Master, a Son of God, one who knows everything about God, he is said to have found his father.

In this movie, they tried to highlight this concept in the beginning but midway they make it ugly and ended it meaninglessly.

In the past, actors used to follow certain disciplines according to the character they acted as so as to ensure that they involve themselves into that character and it would appear highly realistic. This was the case especially with the Puranic movies (movies made out of stories given in the Puranas). That is why they were very successful. To live a role, first you have to contemplate upon it. The energies should be channelized in that

direction. Even for us, any work to be done, the entire will is to be focused on it for it to happen perfectly.

Anyway, do you have any questions?

Q) In the 3rd canto of Bhagavatam Scripture, it is given that “It is a sin for a person of higher caste to marry someone of lower caste.” It is said that one is destined to marry someone according his own karma, then why is it considered a sin in this case?

A) Firstly, you need to understand what a sin is. Everyone has his own degree or quality of energy. If you degrade from that quality, then it is said that you have committed a sin. It does not mean you will be badly punished by committing a sin.

Suppose, you get less mark than what you generally get in some exam, what does it mean? It means you did not do well.

Similarly, the whole creation is filled with qualities. One type of quality is just physical. Such a one will have no feelings. If someone falls on the road, he doesn't even have sympathy for him. He is emotionless. Next quality is emotion. Such a one feels sorry but does not do anything to help him. Next is a one who feels about it and does something to help the person but doesn't do it properly. The 4th one is who feels about it, does something to help the person in the proper manner. So there are 4 qualities in above example.

- 1) First is physical with no emotions. He is just like a stone.
- 2) Next is emotional - people who just feel but do not do anything. They are of no help to either themselves or others.
- 3) Next is mental – People think of doing something but cannot do it properly.
- 4) Next is Buddhic – People know what to do, how to do it and how much to do.
- 5) Next is love – A quality by which people do not have hatred towards anyone. Even if it a pig or a bull, they see it the same. It does not mean that they do not know the difference but they see the common thing among the both. They have respect for everyone. They want everyone to be happy. They do tell rules that this person did many mistakes, so he will suffer in life. They feel “May be he did them, but he should also be happy by undergoing necessary transformation.” So that is love.

There is also emotional love which is different. That love also includes hate. In pure love, there is no hate.

Rama does not hate Ravana. Though Ravana did a mistake and is punishable, Rama still loves him. He kills him out of love but not out of hatred. Even Lord Krishna did the same. He smiles while killing. They kill because they know that the person moves forward and can do better only after dying and starting afresh. That is pure love. Such a person may not be completely able.

- 6) Next is Will - This is the quality of people who are completely able. If they want to do something, there is no chance that it fails.

Each of these qualities is a different state (lower to higher). The one with higher quality will have all the preceding lower qualities.

Persons of different qualities keep relating to each one. But when it comes to marriage, the relation is such that the qualities keep exchanging. It is due to closeness in that relation.

Generally, to transcend from lower quality to higher quality, it requires lot of effort whereas it takes no effort to transcend from higher quality to higher quality. If water is to be pumped up, force is required but for the water to go down no force is required. It is the same with energy.

In the case of marriage, if people of similar qualities marry, there won't be much of a change. If the qualities differ largely, then the one with better qualities loses them unless he is very strong. So the rule that persons of different classes (castes) should not marry was given basing on these qualities. It is qualitative basis.

This is also followed with the case of animals like cows, dogs, horses, etc. A domestic dog is never cross bred with a stray dog. If done so, there is a high probability that a stray dog is born than a domestic dog. So it's a qualitative understanding.

The lower aspires for the higher which is common but the higher should think twice before relating to the lower. So the gap should not be much which leads to a conflict.

These rules are to ensure a qualitative matching. Now days we see that people of some profession prefer to marry each other. A doctor will look to marry a doctor, a boy from a rich family will look to marry a girl from a rich family and so on. This happens in most of the cases. Why because it's easy that way as most of their qualities match and even children

These rules were given just parameters to guide people to take the right decision but they are not hard and fast rules.

Another case is persons having severe attractions irrespective of qualities. It is of two types again – It can be love or it can be lust. If the attraction is qualitative, then it remains for a long time even after they marry. If it is just physical, then the attraction disappears very shortly after marriage and they split.

So there has to be something which each one likes in the other for the relation to last forever. This is known only by a qualitative understanding. So general parameters are given in that direction but if the past karma is strong then these parameters or theories won't work. If the girl/boy does not know these parameters, they may take a wrong decision.

In every person, there is a beautiful side and an ugly side. The only thing is how big the latter side (ugly side) is. One loves another person seeing only the beautiful side and later when one sees the ugly side, repulsion occurs. If you accept the beautiful side of a person, you should accept and tolerate the ugly side of that person as well.

We observe this in nature as well. If you see a coconut, it has the husk and shell covering the part which is eatable. Are we accepting it or not? Similarly we should accept both sides of a person.

Everything has its desirable side and undesirable side. You relate to the desirable side and co-exist. If you keep on seeing the undesirable side, that side keeps growing in you as well. If you keep on seeing the beautiful side, that side grows in you. That is why great people see everything beautiful. Those who do not know complain of everything.

Q) Master! Everyone has certain level of devotion for the God but this level is not the same every day. Some days we feel very irritated and angry and there is no devotion. How can we avoid such a state and stay devoted all the time?

A) For any person, devotion starts like “There is one who is omnipotent and can give us anything if we pray to him”. Many people flock around rich persons, political leaders, powerful persons in the society, etc. Why? Is it because of love? No! It is to get their work done or get what they want. This is no different from praying to God asking something.

In such a case, the devotion increases if our wants increase and decreases if we do not want much. For children, at the time of exam results God is very much wanted. That is no devotion. But the God due to his grace responds to some requests. Even Grand Masters

do the same just because of their kindness. All this does not qualify as devotion. Such devotion varies from time to time.

Suppose you have liking for God. Then it has nothing to do with wants and results. Your relation with God remains the same regardless of what comes to you and what does not. That is devotion. In the previous case, it is distorted form of devotion.

The stories of such devotees are given in our Scriptures. They have utmost love for God and their devotion is stable irrespective of what happens.

If you love God and have an understanding of him, your devotion is stable. If you just believe in God as someone to satiate your needs, then your devotion varies accordingly. It is a religion then.

“I love God” is different from “I believe in God”. But the thing is the belief slowly turns into a liking through time. So belief is required to begin with. Until that belief turns into love, devotion varies. For that transformation to happen, awareness is required which is gained through knowledge. Knowledge combined with faith leads to true devotion which is stable.

Now coming to the 25 aspects of the human body, we will discuss about speech today.

Right speech is very important. In the whole creation, only the human beings have the ability to speak. Even the devas (intelligences) cannot speak. They exist in a thought plane. It is something like our dream plane where we do not speak but there is exchange of information and it appears (an illusion) that we are speaking. So speech is a boon given only to man.

Animals and plants cannot speak but if you can relate to them, you can understand their feelings. There are some people who can speak to plants and animals. What does it mean? It means they can recognize and convey feelings.

It is important that we speak only pure words and appropriate words. We should use too many words to express a thought. It is like buying a small thing spending a lot of money. Speech is more valuable than money. You can rule over the world with a pure speech.

If you keep speaking bad words, you lose your quality. You must make sure that you use qualitative words. Your tongue can very easily damage your quality. You can create enemies with your tongue. So speech restraint is highly important.

Saraswati, the goddess of wisdom resides on the tip of your tongue.

One should fear double-tongued person more than a double-tongued snake. If I speak something before you and something else behind you, it is like tearing me apart into two. The quality of such a person falls very sharply.

For some people, whatever they speak, it just happens. It is the power of their speech. So how much potential is present in our speech. Just imagine. There are regulations that we need to follow to tap that potential of speech.

- 1) First among those is to avoid speaking impure words.
- 2) Do not speak in a manner that would hurt others. Speak in a pleasant manner.
- 3) Do not speak lies to please others. It is said “Speak the truth and speak it pleasantly.”
- 4) Critical speeches should be avoided. Never express sharp opinions or judgments on anyone.
- 5) Utter forth some Vedic Hymns, mantrams, devotional songs, stotras daily. If chant them and fail to follow any of the above 4 regulation, they won’t have any effect.

The first 4 are to maintain existing quality of your speech and the last one is to improve the quality of your speech. If you follow the above 5 regulations properly, in 3 years, transformation happen and your abilities grow in multifold.

So speech is both a boon and a bane. It is the most important one among all the sense organs.

There are many disciplines which I gave in the last classes. Recollect them and follow them as much as possible.

We will have the next class in February as we have many events and Group livings in the next 2 months.

-Swasthi

